

Erasmus+ Traineeship after graduation

Info session
Tuesday 14/03/2023
19h30

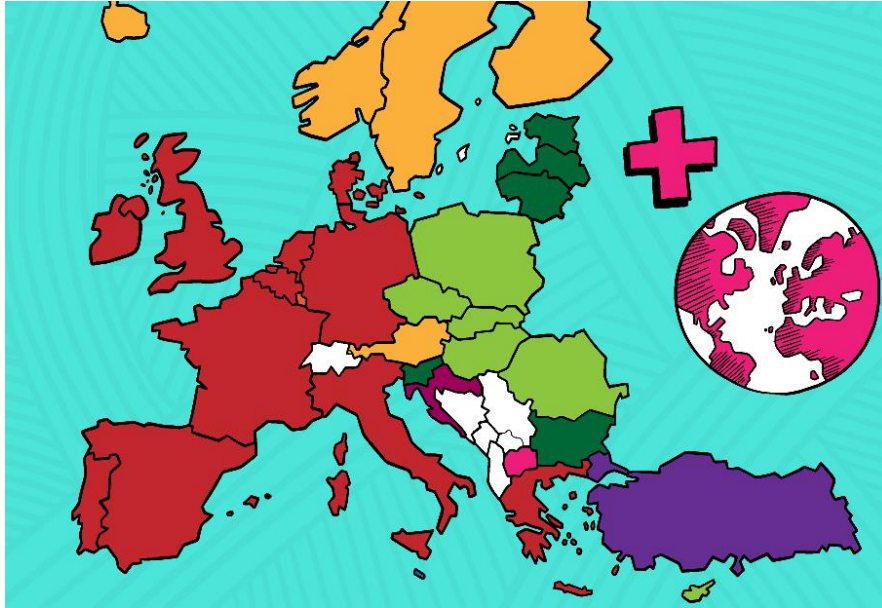
Mrs. Frauke Druant (Frauke.Druant@ap.be)

Why apply?

- To gain useful **work experience abroad**
- To develop **language & intercultural** skills
- To enhance chances on the **labour market**
- To gain an **international network & make new friends**



Erasmus+ program countries



EU Countries (Member states)

+ **Non-EU countries** (associated countries):

- North Macedonia
- Iceland
- Liechtenstein
- Norway
- Serbia
- Turkey

+ NEW: “**Erasmus International Mobility**”

→ Third countries not associated to the Program

What is a Traineeship after graduation?

- **Traineeship** (NO study)
- **After** graduation (fully graduated) → diploma needed
- **Outside** Belgium
- **Not** to country of **origin**
- **Min. 2** months
- **Max. 6** months (with a grant)
- **No credits** – completely voluntary and without guidance → look for a traineeship yourself
- **Any organisation** possible (public/private)
- **Min. 32 hours** a week
- Erasmus+ **Grant**



Who can apply?

- **All students** graduating from AP (after Bachelor/Master/Associate degree)
- Students **with/without 'Erasmus experience'**
- No specific conditions for grant application ("**First come, first serve**")

When to apply?

- Apply **before** graduation (even without particular plans for a traineeship)
- Registration is **not possible after graduation**
- Start traineeship **not before 1 june 2023** (no budget before)
- No specific deadline

How long can you go?

- **Min. 2 months** (60 days) - **Max. 6 months** (with a grant)
- Possibility to **extend** traineeship
- End of traineeship: **within 1 year** after graduation
- **Multiple** traineeships
- **Per study cycle** (Bachelor/Master)
- **Min. 32 hours/week**

How to apply?

- Register through the online application platform by Vluhr
- Send the **registration form** to frauke.druant@ap.be
→ **Before** you graduate!
- Fill in the **host company details**: information about the organisation and traineeship
- Fill in and sign a “**Learning Agreement for Traineeships**”
(=contract between trainee & organisation)
→ *content/tasks/duration/hours/supervisor/evaluation/language*
- Follow the **different steps** and **upload** all the necessary **documents** in order to receive a grant for your traineeship




Vlaamse universiteiten en hogescholen raad

The online platform

Link to: [Online application for a stay abroad](#)

Online Application for a Stay Abroad



All fields marked with a (*) must be filled in.

Data concerning the application

Type of application

☐ Incoming ☒ Outgoing *

Type of person

☒ Intern *

Internship program

Erasmus+ Traineeships *

Academic year of planned mobility

2021/2022 *

Personal Data

Student ID

*

Last name

*

First name

*

Gender

☐ Male ☐ Female *

Birth date

*

Place of birth

*

Country of birth

Belgium *

Nationality

Belgium *

The online platform

Applicant details

Last name	Sanchez Garcia	Field of study	Arts - 21	Sending institution	91076
First name	Jesus Eloy	Country of host	Netherlands	Home institution	92207
Birth date	28/05/1992	Host organisation/company	Hoeksteen communications - UNT 001177		
Country of regional consortia	Belgium	Start date of internship	30/09/2018		
Consortia	RECONFIRM - RECONFIRM	End date of internship	01/02/2019		

Necessary steps	Done	Done on	Done by	Direct access via following link
Online application	✓	06/06/2018		Display/Edit Application Data
Confirmation e-mail for online application	✓	06/06/2018	Automatically generated	
Online registration	✓	06/06/2018		
Edit application	✓			Edit application
Erasmus+ registration form printed	✓	13/06/2018	Jesus Eloy Sanchez Garcia	Print Erasmus+ registration form
Erasmus+ registration form uploaded	✓	06/06/2018	Jesus Eloy Sanchez Garcia	Upload Erasmus+ registration form
Application provisionally approved	✓	06/06/2018	Frauke Druant	
Host company details completed	✓	13/06/2018	Jesus Eloy Sanchez Garcia	Complete host company details
Personal details completed	✓	13/06/2018	Jesus Eloy Sanchez Garcia	Complete personal details
Emergency contact details completed	✓	13/06/2018	Jesus Eloy Sanchez Garcia	Complete emergency contact details
Traineeship details completed	✓	13/06/2018	Jesus Eloy Sanchez Garcia	Complete traineeship details
Learning agreement printed	✓	13/06/2018	Jesus Eloy Sanchez Garcia	Print learning agreement
Learning agreement uploaded	✓	13/06/2018	Jesus Eloy Sanchez Garcia	Upload learning agreement
Diploma or certificate of graduation uploaded	✓	20/09/2018	Jesus Eloy Sanchez Garcia	Upload diploma or certificate of graduation

Which grant?

SCHOLARSHIP AMOUNT

The scholarship amount depends on the destination country. For the program countries, there are three grant categories for three country groups. There is a fourth grant category for the partner countries.

	Destination	Category 1* (per month)	Category 2 (per month)
Group 1	Denmark, Sweden, Norway, Iceland, Finland, Luxembourg, Ireland, Liechtenstein, Faroe Islands, Switzerland, United Kingdom**	€ 779,00	€ 529,00
Group 2	Netherlands, France, Germany, Austria, Italy, Spain, Portugal, Greece, Cyprus, Malta, Andorra, Monaco, San Marino, Vatican City	€ 729,00	€ 479,00
Group 3	Estonia, Latvia, Lithuania, Poland, Czech Republic, Slovakia, Hungary, Bulgaria, Romania, North Macedonia, Slovenia, Croatia, Turkey, Serbia	€ 679,00	€ 429,00
Group 4	<u>Third countries not associated to the Programme</u> (exc. region 13 and 14)***	€ 950,00	€ 700,00

*Students from underrepresented groups will receive the higher monthly amount listed above.

- **Destination** (4 groups)
- **Category 2** (cat 1 only for Belgian students)
- **Grants** are paid by VLUHR (not by AP)
- Payment in **2 parts** (70% before & 30% after)
- Grants per full month, remaining days paid pro rata
- Independent of any **compensation** from your employer
- **“First come, first serve”** (grant application)

Where to find a traineeship?



- [JOE+](#)
- [Praxisnetwork](#)
- [Reconfirm](#)
- [Training Experience](#)
- [EramusIntern](#)
- [Graduateland](#)
- [AIESEC](#)

Good to know

- Register with your **private email** (Not your AP email)
- VLUHR automatically provides every student with a **health insurance** via “Expat&Co”
- **Visa**: check necessary documents in country of destination
- For Belgian students: inform **RVA** concerning your ‘status’ as a student



More information?

- Information on AP student **Intranet**:
<https://student.ap.be/en/traineeship-after-studies>
- The “[Traineeship after graduation](#)” **website**
- **Contact person @ AP :**
Mrs. Frauke Druant (frauke.druant@ap.be)
- **Contact @VLUHR** (Flemish Government):
info@flanderstraineeshipplatform.be



Questions?

